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**Civil Society of Karnali to establish a network on Monitoring of ESCR**

JUMLA - Twenty-two members of Civil Society Organizations of Karnali and Mid Western Region who participated in a workshop on Monitoring of Economic, Social and Cultural Rights (ESCR) organized by National Human Rights Commission Jumla Sub Office and the Office of the UN High Commissioner for Human Rights- Nepalgunj (OHCHR) have expressed their commitment to establish a Network at regional level on monitoring of ESCR.

NHRC Sub Regional Office in Jumla and OHCHR Nepalgunj Field Office concluded a three days workshop in Jumla from 1 to 3 October on "ESCR monitoring through the use of indicators." It was aimed at guiding participants including Human Rights Defenders and the government officials from Mugu, Kalikot and Jumla on the use of indicators to monitor the enjoyment of ESCR.

"Joint efforts from every sector, including the Government, International Organizations and NGOs are essential in order to ensure full enjoyment of economic, social and cultural rights of the people. We believe that this workshop is a positive step forward," said Bir Bahadu Budha Magar, Officiating Director of NHRC Sub Regional Office in Jumla.

"Large sections of communities living in Karnali experience daily challenges in their enjoyment of ESCR, including access to food, health and education. It is crucial to put measures in place to eliminate their discrimination and inequality," stated Katia Chirizzi, the Head of OHCHR Nepalgunj Field Office.